

Limitless

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OUR PROGRAM

Limitless is a therapeutic day program bringing functional education to children who benefit from hands-on experiential learning in a language-rich, emotionally supportive environment. School-aged children receive an individualized plan of care, which is developed by our multidisciplinary team of clinicians and approved by their primary care provider. Children at Limitless are supported individually by therapy technicians throughout the day, while engaged in group activities that are led by an educational facilitator. Clinicians specializing in speech and language, social-emotional, sensory-motor, cognitive and feeding weave their services into the program through a collaborative approach involving parent coaching and education, which promotes integration and carry-over into the home environment.

DAILY ROUTINE

At Limitless, we recognize the need for routine, while honoring the importance of flexibility. We follow a general schedule as a group, and allow each child a personalized routine that supports their ability to participate in group activities. This allows us to provide their body with a just-right level of sensory input, which promotes engagement in meaningful activities. This also allows us to dive deeper into lessons or situations which might hold the most meaning to a child due to circumstances they are facing in their life or feelings that surface during the day. We want to be mindful of issues they need to spend time with so we may best support the learning process by giving them the required amount of space and time.

RELATIONSHIPS

At Limitless, we believe children learn best from those they trust. The development of relationships with our staff facilitates attunement to the child's sometimes subtle cues. By establishing trusting relationships with staff, children are more likely to remain calm and focused enough to participate in tasks that challenge them to grow. In addition, caregivers are seen as valuable team members at Limitless. When partnering with caregivers, we learn how to best support the child and family. Providing caregivers with additional knowledge and practice through coaching sessions allows us to build upon that most important relation

LESSONS

At Limitless, we see the strengths of each child and use this to measure their capacity for learning. We know children are capable of growth given the just-right level of support. Our thematic units cover information that is in alignment with functional life skills that are expected for each developmental level. We present this information in a meaningful way so children can receive it regardless of their age and stage of development. As they continue to learn and grow, the results of our work is evident in how children function at home and in their community. It also shows in their ability to relate and communicate with those around them.